

VOLLEYBALL BC

Youth Indoor Club Handbook Appendix C – Implementation of Tripleball

- 2025 -

Revised January 23, 2025



VOLLEYBALL BC

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Tripleball Format (12U & 13U) (Volleyball BC, 2025)

Tripleball is the official competition format for all 12U Girls & Boys and 13U Girls Volleyball BC events. The goal of tripleball is to promote better skill development, participation, meaningful competition and fun. Standard Volleyball rules apply with the following additions:

Sequence & Rotation

- o The game follows a sequence of three rallies (service, tossed ball 1, and tossed ball 2). The sequence will start once the server and both tossers have a ball from the scoretable.
 - 1st rally – introduced by the server
 - 2nd rally – introduced by a tossed ball to the receiving team
 - 3rd rally – introduced by a tossed ball to the serving team
- o The service alternates between teams after each three-ball sequence.
- o A team must rotate when it is their turn to serve.
- o After each rally is complete, the ball must quickly be removed from the court so the next sequence can be started.
 - Each team must designate one athlete that is not on the court as a “ball retriever”. The ball retriever is responsible for retrieving the ball after each rally and bringing it to the scoretable or tosser.
- o Only 12 athletes may be listed on the scoresheet.
- o The Fair Play Rule will be utilized.

The Toss

The following personnel can fill the role of tosser:

- o Head Coach
 - There must be another coach on the bench.
 - limited feedback is allowed and must not interfere with the opponent’s team
- o Coaching Staff
 - Assistant coach, manager, trainer, etc.
 - limited feedback is allowed and must not interfere with the opponent’s team.
- o Competent Volunteer
 - No feedback is allowed.

The Toss

- o Volleyball BC will provide the tosser with a uniform.
- o The tosser will be located near the bench/scoretable.
- o The tosser will introduce the tossed ball into their own team.
- o The tosser must enter the court to introduce the ball, but must immediately move a safe distance away from the court after the toss.

- o The tosser will encourage a fast-paced transition between the end of the rally and the next toss.
- o The toss can be introduced at any pace or difficulty the tosser deems appropriate.
- o The toss can be introduced to any location on the court behind the 3 meter line, but the athlete in position 6 rotationally must be the athlete to make first contact with the toss.
- o The tossed ball cannot be intentionally sent over the net by the player in position six, otherwise a replay will occur.

The Re-Toss

- o A re-toss will occur when:
 - The toss is not passed with a forearm pass.
 - The tossed ball is passed directly into the opponent's court
 - The tosser makes an error
 - The ball is tossed out of bounds.
 - The tossed ball contacts the net.
 - The ball is tossed in front of the 3 meter line.
- o Each team will only receive one re-toss per toss/rally.
 - if the re-tossed ball is not passed with a forearm pass, it is a fault and point for the opposing team
 - if the re-tossed ball is passed directly into the opponent's court, it is a fault and point for the opposing team.

Scoring & Game Interruptions

- o Only two volleyballs are used for Tripleball.
- o Every ball introduced is worth one (1) point; a set can be won in the middle of a three-ball sequence.
- o Requests for time-outs during the three-ball sequence will be considered improper requests; time-outs must be made before the introduction of a serve.
- o Substitutions
 - o Fair Play Rules will be utilized.
 - o 3rd set substitutions: Requests for substitutions during the three-ball sequence will be considered improper requests; substitutions must be made before the introduction of a serve.
 - o If there is an injury, substitutions will be allowed during the three-ball sequence.
 - o If an athlete becomes injured/ill, an Exceptional Substitution may be made. The injured/ill athlete may not return to the same set, but may return to play in subsequent sets in the match.

Specialization Rules

- o Switching to a different position from your service order during a rally is NOT ALLOWED.
- o Coaches must declare on the scoresheet the position of their designated setter (Position 1, 2 or 3 only).
 - Teams that designate their setter in position 1 must have their setter start behind the 3 meter line on the toss.

